Guidelines For Ordering Breast Imaging Exams

*PRN "pro re nata" or "as medically needed"

Female 40+ (Average Risk)

Asymptomatic → Screening Mammogram (Annually) → Follow Radiologist Recommendations

Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge)

- → Bilateral Diagnostic Mammogram and Targeted Breast US → Follow Radiologist Recommendations
- → Recent Mammogram (<6 Months). Targeted Breast US and *PRN Bilateral Diagnostic Mammogram → Follow Radiologist Recommendations

Female 30-39 (Average Risk)

Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge) → Targeted Breast US and *PRN Bilateral Diagnostic Mammogram → Follow Radiologist Recommendations

Female <29 (Average Risk)

Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge) → Targeted Breast Ultrasound Only → Follow Radiologist Recommendations

RHODE ISLAND MEDICAL IMAGING

Breast Imaging Coordinators
Phone: (401) 432-2548
Fax: (401) 921-9377
Email: BreastImaging@rimirad.com
www.rimirad.com

Important Reminder: Referrals are required to perform all diagnostic breast exams. Patients will not be scheduled for their exam until we receive the proper documentation. Contact our Breast Imaging Coordinators directly with any questions or concerns, not Central Scheduling.

10-2026

Guidelines For Ordering Breast Imaging Exams

*PRN "pro re nata" or "as medically needed"

Female <40 (High Risk)

Asymptomatic	Screening Mammogram (Annually)	High Risk, Pre-Menopausal, & 1st Degree Relative, Start 10 Years Before Relative Diagnosis (But Not Before Age 25)
Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge)	Bilateral Diagnostic Mammogram and Targeted Breast US	Follow Radiologist Recommendations

*Female Supplmental Screening Exams (Risk-Based)

Female (High Risk)	Screening Breast MRI (>20% Lifetime Risk)		IBIS Breast Cancer Risk-Assesment **ibis.ikonopedia.com**
Female (Average Risk)	Screening Breast US (<20% Lifetime Risk)	**OR**	Screening Breast MRI (<20% Lifetime Risk)

Male Patients 25+

Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge)	Bilateral Diagnostic Mammogram and *PRN Targeted Breast Ultrasound	Follow Radiologist Recommendations

Male Patients <25

Symptomatic (Palpable Finding, Focal Pain, Nipple Discharge)	Targeted Breast US and *PRN Bilateral Diagnostic Mammogram	Follow Radiologist Recommendations

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Disclaimer: The information contained in this document represents the most common protocols utilized but is not all inclusive. Other exams and circumstances do apply. This is provided solely for assistance and easy access to information. For specific questions please contact our Breast Imaging Coordinators or Radiologists directly.

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